

Mar-Val's Quality Meat Department



USDA Choice Beef
Untrimmed Tri-Tip Roast
\$4.99
Lb.



Cooked & Peeled Medium Prawns
51-60 Count
\$5.99
Lb.



USDA Choice Angus Beef Boneless BBQ Steaks
\$5.00
LB.



USDA Choice Beef Trimmed Tri Tip Roast
\$6.99
Lb.



USDA Choice Beef Marinated Beef Tri-Tip Roast
\$7.99
Lb.



Smart Chicken Organic Boneless Skinless Chicken Breast
\$7.99
Lb.



Tangerines 3 Lb. Bag
\$5.00
EA.



Apple Strudel Bites 18 Count
2/\$5



Frog Legs Farm Raised
\$6.99
Lb.



Atlantic Salmon Fillets Whole Sides Farm Raised
\$11.99
Lb.



Atlantic Salmon Fillets Cut Portions Farm Raised
\$12.99
Lb.



Ahi Tuna Steaks Wild Caught
\$9.99
Lb.



Sartori BellaVitano Gold Cheese 5.3 oz.
\$5.00
EA.

Mar-Val's Farm Fresh Produce



Blackberries 6 oz. Container
Great source of Vitamins & Minerals



\$2.99
Ea.



Blueberries 6 oz. Container
Great source of Vitamins & Minerals



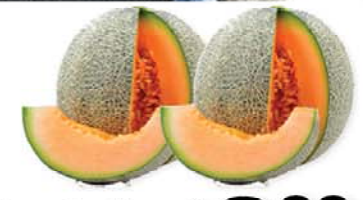
\$2.99
Ea.



Romaine Hearts 3 Pack
\$3.99
Ea.



Pureheart Watermelon Juicy & Delicious
\$4.99
Ea.



Large Cantaloupe Melons
Great source of Vitamins & Minerals
\$3.99
Ea.



Honeydew Melons
Great source of Vitamins & Minerals
\$4.99
Ea.



Zevia All Natural Sodas Selected Varieties 6 Pack +CRV
\$5.00
EA.



Bunch Celery Excellent With Peanut Butter
\$1.79
Ea.



Bunched Cilantro Great for stews, salads and more
99¢
Ea.



Organic Bunched Carrots
also rich in vitamins, minerals, and fiber, and Great for the eyes
\$1.99
Ea.



Organic English Cucumbers
Perfect as a salad or a side to any dinner!
\$1.99
Ea.



Annie's Macaroni & Cheese Selected Varieties 5.5-6 oz.
3/\$5

Mar-Val's Grocery Specials



Pepsi Products Selected Varieties 12 Packs +CRV
\$6.99



Gatorade Thirst Quenchers Selected Varieties 28 oz. +CRV
3/\$5



Tostitos, Doritos or Ruffles Chips Selected Varieties 8-13 oz.
2/\$7



Best Yet Ice Cream Selected Varieties 48oz.
\$2.99



Jubilee Bath Tissue Double Roll 12 Roll Count
\$5.00
EA.



Poppi Natural Sodas Selected Varieties 12 oz. +CRV
2/\$5



Grocery Specials Of the Week

Mar-Val's Bakery/Deli Specials

Shop Locally & Support Your Neighborhood Market

Oroweat Muffins
Selected Varieties
6 Pack
\$3.79

Sara Lee Bagels
Selected Varieties
5 Pack
\$3.99

Wish-Bone Dressings
Selected Varieties
15 oz.
2/\$6

Rosarita Refried Beans
Selected Varieties
16 oz.
3/\$5

Las Palmas Enchilada Sauce
Selected Varieties 19-28 oz.
2/\$6

Best Yet Mayonnaise
Selected Varieties
30 oz.
\$4.49

Best Yet Ketchup
Selected Varieties 24-30 oz.
2/\$5

Best Yet Mustard
Selected Varieties 24-30 oz.
3/\$5

Best Yet Mac & Cheese Dinner
Selected Varieties
5.5-7.25 oz.
59¢

Hostess Donettes
Selected Varieties
9.5-11.25 oz.
2/\$5

General Mills Giant Size Cereals
Selected Varieties
20-29 oz.
\$4.99

Lay's Chips
Original or Kettle
Selected Varieties
5-6 oz.
\$3.99

Old El Paso Taco Shell
Selected Varieties
10-12 Count
\$1.79

Kraft Deluxe Mac or Shells & Cheese Dinner
Selected Varieties
12-14 oz.
\$3.99

Lawry or McCormick Taco Seasoning
Selected Varieties
1 oz.
99¢

Taco Bell Taco Seasoning
1 oz.
89¢

Mio Liquid Water Enhancer
Selected Varieties
1.62 oz. +CRV
2/\$7

Podigroo Canned Dog Food
Selected Varieties
13.2 oz.
\$2.29

Best Yet Designer Plates
0.75 in. 45 ct., 10.25 in. 24 ct.
or 7 in. 48 ct. or Bowls
20 oz. 24 ct.
2/\$7

Best Yet Pasta
Selected Varieties
12-16 oz.
\$1.49

Best Yet Cooking Oil
Selected Varieties
48 oz.
\$4.29

Mar-Val's French Bread
16 oz.
\$2.49 EA.

Mar-Val's 8 Inch Single Layer Chocolate Fudge Cake
\$1.99 Ea.

Mar-Val's Cinnamon Rolls
4 Ct.
\$3.99

Mar-Val's 8 Piece Traditional Chicken
\$12.99 Ea.

Featuring Your Favorite Chilled/Frozen Items!

Häagen-Dazs Ice Cream Novelties
Selected Varieties
20 oz. or 6 ct. or Cones 4 Ct.
\$6.99

Best Yet American Sliced Cheese
Singles 16 oz.
2/\$6

Philadelphia Cream Cheese
Selected Varieties
7.5-8 oz. Tub
2/\$7

Cray's Ice Cream Novelties
Selected Varieties
20-22 oz.
2/\$7

Cray's Ice Cream Sandwiches
Selected Varieties 12 ct.
2/\$7

Kretschmar Ham Off The Bone
\$8.99 Lb.

Healthy Choice Café Steamers
Simply
Selected Varieties
9.15-18 oz.
2/\$7

Simply Aides or Punch
Selected Varieties
52 oz. +CRV
2/\$6

Silk Milk
Selected Varieties
64 oz.
\$3.99

Coffo-Mate Creamer
Selected Varieties
64 oz.
\$6.99

Yoplait GoGurt
Selected Varieties 8 pack
2/\$5

Gold Rush Swiss Cheese
\$8.99 Lb.

Featuring Your Favorite Beverage Items!

Pepsi Products
Selected Varieties
9pk./7.5 oz. Soft Cans +CRV
3/\$14

Bubly Sparkling Water
Selected Varieties
8 Packs +CRV
\$3.99

Schweppes Mixers
Selected Varieties
1 Liter +CRV
3/\$5

Kevita Probiotic
Selected Varieties
15.2 oz. Bottles +CRV
2/\$6

7-Up Products
Selected Varieties
2 Liter Bottles +CRV
2/\$5

C4 Energy Drinks
Selected Varieties
16 oz. +CRV
2/\$5

Rockstar Energy Drinks
Selected Varieties
16 oz. +CRV
3/\$5

Bundaberg Sodas
Selected Varieties
4 Pack Bottles +CRV
\$6.99

Celsius Sparkling Water
Selected Varieties
12 oz. +CRV
\$2.19

Lipton Teas
Selected Varieties
12 Pack Bottles +CRV
\$7.99

Pepsi Products
Selected Varieties
2 Liter Bottles +CRV
2/\$4

Pepsi Products
Selected Varieties
8 Packs (8.9 oz. Bottles +CRV)
3/\$14

Mar-Val's Asiago Pasta Salad
\$8.99 Lb.

Featuring Your Favorite Alcohol Items!

Check Out Wine Specials Always on Sale and 10% Discount on all Wines when you mix or match 6 or more bottles.

Bud, Coors, Tecate or Miller
Selected Varieties
18 packs +CRV
\$15.99

Rolling Rock, Busch or Natural
Selected Varieties 30 packs +CRV
\$19.99

The Busker Irish Whiskey
750 ml. +CRV
\$14.99

Sauza Tequila
Selected Varieties
750 ml. +CRV
\$13.99

Sailor Jerry Spiced Rum
1.75 Liter +CRV
\$25.99

Jack Daniel's Tennessee Whiskey
Selected Varieties
750 ml. +CRV
\$21.99

Edna Valley Wines
Pinot Noir or Cabernet
750 ml. +CRV
\$10.99

Edna Valley Wines
Chard., Sauv. Blanc, Merlot, Pinot Grigio, Berry or Rose
750 ml. +CRV
\$8.99

Corona, Pacifico or Modelo Beer
Selected Varieties 18 Packs +CRV
\$23.99

Crown Royal
Selected Varieties
750 ml. +CRV
\$22.99

Traveller Whiskey Blend
750 ml. +CRV
\$36.99

New Amsterdam Vodka
Selected Varieties
750 ml. +CRV
\$9.99

Stolichnaya Vodka
1.75 Liter +CRV
\$22.99

Barefoot Wines
Selected Varieties
750 ml. +CRV
\$5.99

Deloach Wines
Selected Varieties
750 ml. +CRV
\$10.99

Matua Sauv. Blanc
750 ml. +CRV
\$13.99

Blue Moon Lagunitas, Mike's, Truly, or Smirnoff Hard Beverages
Selected Varieties 12 packs +CRV
\$19.99

Grey Goose
750 ml. +CRV
\$24.99

Patron Silver Tequila
750 ml. +CRV
\$38.99

CUTWATER Lime Margarita
Cutwater Hard Drinks
Natural Flavors 4 Pack +CRV
\$13.99

Seagram's Vodka
Selected Varieties
750 ml. +CRV
\$8.99

Bogle Wines
Selected Varieties 750 ml. +CRV
\$8.99

Josh Collars Wines
Prosecco, Zinfandel, Rose, Legacy Red, Cabernet or Merlot
750 ml. +CRV
\$14.99

Josh Collars Wines
Pinot Grigio, Sauv. Blanc or Chard.
750 ml. +CRV
\$13.99

Elysian Beer
Selected Varieties
6 Packs +CRV
\$12.99

Firestone Walker
Selected Varieties
12 packs +CRV
\$17.99

Michelob Beer
Selected Varieties
12 packs +CRV
\$14.99

Cazadores Blanco Tequila
750 ml. +CRV
\$19.99

Cazadores Reposado Tequila
750 ml. +CRV
\$21.99

Bailey's Irish Cream
750 ml. +CRV
\$24.99

Smirnoff Vodka
1.75 Liter +CRV
\$18.99

Dark Horse Wines
Selected Varieties
750 ml. +CRV
\$7.99

19 Cimes Wines
Selected Varieties
750 ml. +CRV
\$10.99

Kim Crawford Wines
Selected Varieties
750 ml. +CRV
\$17.99

Frei Brothers Wines
Selected Varieties
750 ml. +CRV
\$13.99

Support & Shop Your Neighborhood Market!

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